

Friendship bands

YOU WILL NEED

- *Anchor Stranded Cotton Skeins - Selected colours*

HOW TO DO

Striped Pattern

(Eight Strand Bracelet- Uses four colours of Anchor Stranded Cotton)

1. First, cut 2 one metre lengths of the four colours of Anchor Stranded Cotton you have chosen. Arrange the strands in colour order : 1A, 2A, 1B, 2B, 1C, 2C, 1D, 2D. Tie the eight lengths together in a knot, leaving a 5 cm long tail and secure to surface, to give working tension. You may want to tape the tail to a table or put a safety pin through the knot and into the knee of your jeans.

Striped Pattern

14 YEARS



Anchor

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- *Anchor Stranded Cotton Skeins - Selected colours*

HOW TO DO

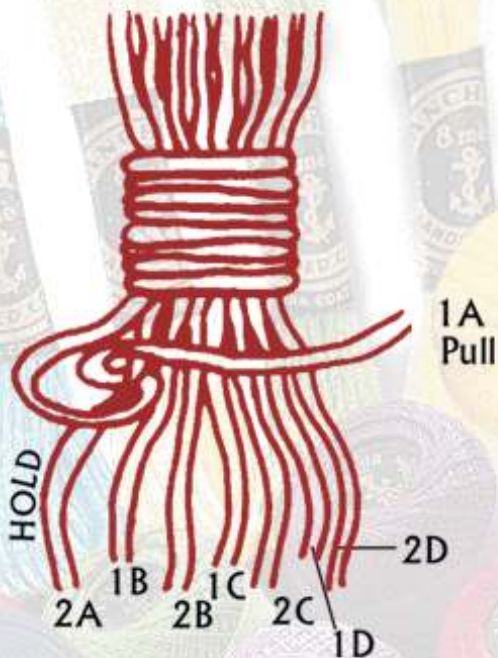
Striped Pattern

(Eight Strand Bracelet- Uses four colours of Anchor Stranded Cotton)

2. Take the first length (1A) and wrap it over, then under strand 2A to form a knot . Hold firmly onto 2A while pulling up on 1A toward the large knot you just made.

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HOW TO DO

Striped Pattern

(Eight Strand Bracelet- Uses four colours of Anchor Stranded Cotton)

3. Repeat Step 2, making a second small knot on top of the previous knot. You have now completed a double knot around 2A. Drop 2A.

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HOW TO DO

Striped Pattern

(Eight Strand Bracelet- Uses four colours of Anchor Stranded Cotton)

4. Continue making knots in same manner across row, working 1A in double knots around 1B, 2B, 1C, 2C, 1D and 2D. 1A will be at far right side of row when all double knots are completed. You will notice that this first row of double knots slants diagonally down toward the right .

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(Eight Strand Bracelet- Uses four colours of Anchor Stranded Cotton)

5. For the second row, use 2A to work double knots around 1B, 2B, 1C, 2C, 1D, 2D and 1A, 2A will now be at far right side of row next to 1A.

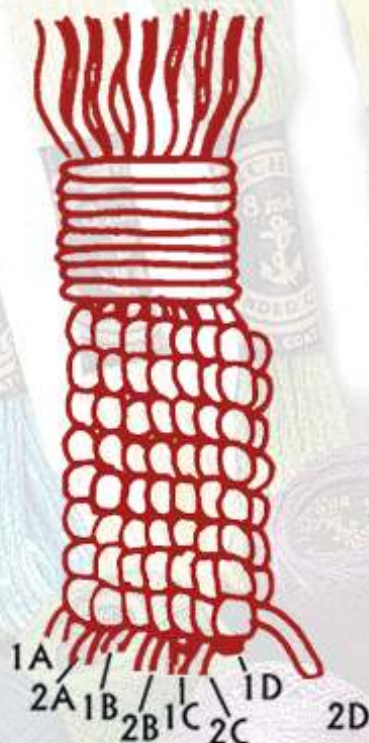
Continue working rows in this manner

Third row: With 1B, work double knots around 2B, 1C, 2C, 1D, 2D, 1A and 2A.

Fourth row: With 2B, work double knots around 1C, 2C, 1D, 1A, 2A and 1B.

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Striped Pattern

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Fifth row: With 1C, work double knots around 2C, 1D, 2D, 1A, 2A, 1B and 2B.

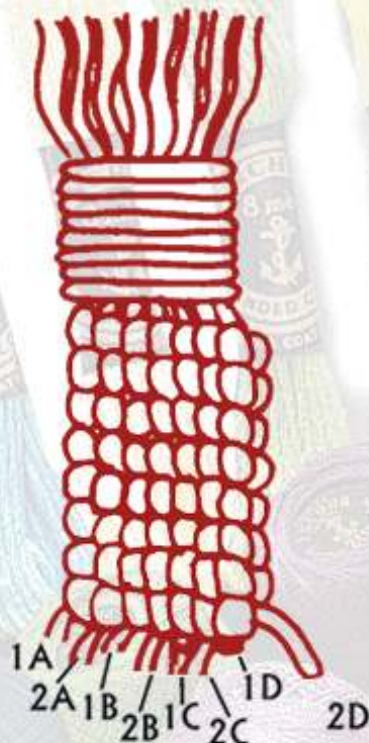
Sixth row: With 2C, work double knots around 1D, 2D, 1A, 2A, 1B, 2B and 1C.

Seventh row: With 1D, work double knots around 2D, 1A, 2A, 1B, 2B and 2C.

Eighth row: With 2D, work double knots around 1A, 2A, 1B, 2B, 1C, 2C and 1D.

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HOW TO DO

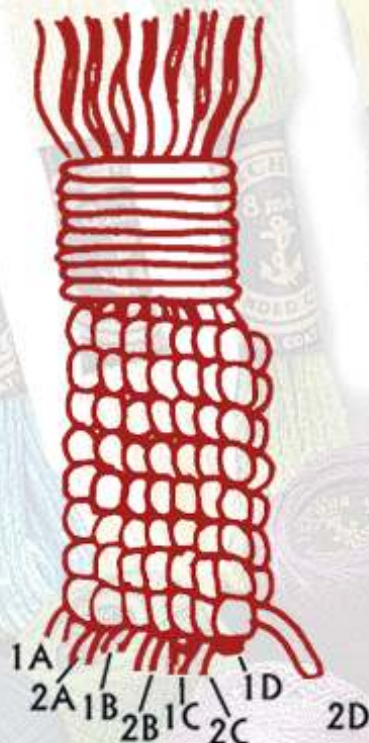
Striped Pattern

(Eight Strand Bracelet- Uses four colours of Anchor Stranded Cotton)

Now you have worked one full pattern of the colours . Continue repeating this eight-row colour pattern until your bracelet is long enough to fit around your wrist. When you reach the desired length, tie all eight lengths together in a knot as in diagram 1. Trim the tail to same length as the first tail.

Striped Pattern

14 YEARS



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Friendship bands

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- *Anchor Stranded Cotton Skeins - Selected colours*

HOW TO DO

Chevron Pattern

(Six Strand Bracelet- Uses three colours of Anchor Stranded Cotton)

1. Begin by cutting 2 one-metre lengths each of 3 different colours. Arrange the strand as follows - 1A, 1B, 1C, 2C, 2B, 2A. Tie all six lengths together in a knot as in diagram leaving a 5 cm, long tail. Secure to a surface.

Chevron Pattern

14 YEARS



 Anchor

Friendship bands

YOU WILL NEED

- *Anchor Stranded Cotton Skeins - Selected colours*

HOW TO DO

Chevron Pattern

(Six Strand Bracelet- Uses three colours of Anchor Stranded Cotton)

2. With 1A, work na double knot (as illustrated in Diagram II & III) around each of the next 2 strands (1B, 1C). Drop 1A at centre of row.

Chevron Pattern

14 YEARS



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HOW TO DO

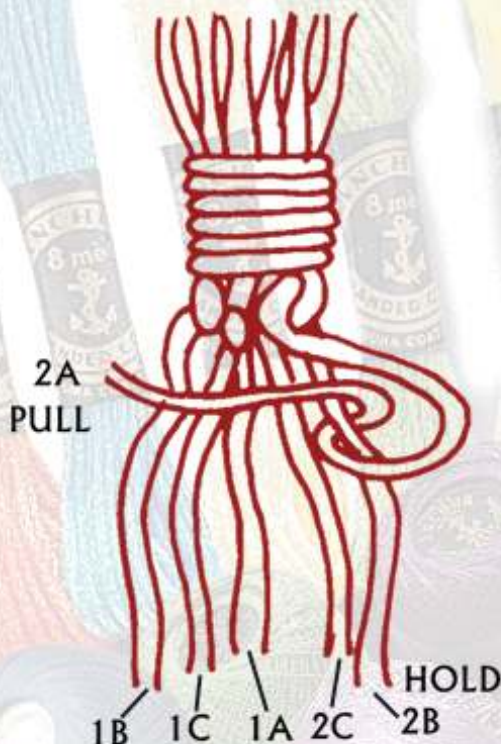
Chevron Pattern

(Six Strand Bracelet- Uses three colours of Anchor Stranded Cotton)

3. Now make a knot on far right side of row by taking 2A and wrapping it over, then under 3B; then hold firmly onto 2B while pulling up on 2A (see diagram VI)

Chevron Pattern

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HOW TO DO

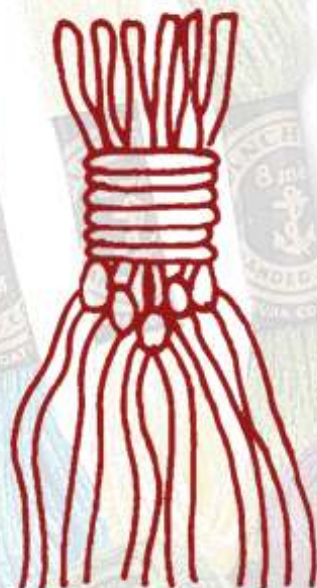
Chevron Pattern

(Six Strand Bracelet- Uses three colours of Anchor Stranded Cotton)

4. Repeat Step 3 making a second small knot on top of previous knot (see daigram VII). You have now completed a doubleknot from the right.

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1B 1C 2A 1A 2C 2B

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HOW TO DO

Chevron Pattern

(Six Strand Bracelet- Uses three colours of Anchor Stranded Cotton)

5. With 2A, work a double knot from the right around 2C and 1A (which is now at centre of row). Note: Knots should start diagonally from both sides toward the centre (see Diagram VIII).

Chevron Pattern

14 YEARS



1B 1C 2A 1A 2C 2B



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HOW TO DO

Chevron Pattern

(Six Strand Bracelet- Uses three colours of Anchor Stranded Cotton)

6. Row 2: With 1B, work a double knot around 1C and 2A. With 2B, work a double knot from the right around 2C, 1A and 1B.

Row 3: With 1C, work a double knot around 2A and 2B. With 2C, work a double knot from the right around 1A, 1B and 1C. You have now completed one colour pattern. Continue to repeat this colour pattern and technique until your bracelet reaches the desired length. Tie strands together in a knot, as diagram 1, and trim tails to the same length as the first tail.

Chevron Pattern

14 YEARS



1B 1C 2A 1A 2C 2B



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14 YEARS



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